



First Nations Health Authority  
Health through wellness

# When a Boil Water Notice is Lifted

Household and building water lines should be "flushed" following the lifting of a Boil Water Notice to clear plumbing of potentially contaminated water. This includes interior and exterior faucets; showers; water and ice dispensers; water treatment units, etc.

**Cold Water Faucets:** Run tap water until the water feels cold, one minute or more, before drinking tooth-brushing, or using for food preparation. If you have a single-lever faucet, set it to run the cold water first.

**Medical Devices:** Discard any water used in humidifiers, Continuous Positive Airway Pressure (CPAP), oral, medical or health care devices, and rinse the device with clean water. Follow manufacturer's instructions.

**Food and baby formula:** Discard baby formula and other foods prepared with water on the day or days of the boil order.

**Refrigerator water-dispensing machine:** Water dispensers from refrigerators should be flushed by at least one quart of water. If unsure of your dispenser's capacity, refer to manufacturer specifications.

**Ice cubes:** Automatic ice dispensers should be emptied of ice made during the boil order and run through a 4-hour cycle, discarding the ice to assure purging of the icemaker water supply line.

**Beverage Machines:** Flush, clean and sanitize water lines on equipment following manufacturers' instructions.

**Water Filter Cartridges:** Replace water filter cartridges on taps and in water containers.

**Food Preparation, Dispensing and Preparation Equipment:** Clean and sanitize all ice machines, soda fountains, ice cream dispensers, sprayers or misters, in-line pre-treatment devices, etc., following manufacturers' instructions. If you need help or information, contact the company that supplied or installed the equipment.

Due to the flushing of the lines by residents and the flushing of the hydrants, some customers may experience low water pressure and/or discolored water. This is an expected result and does not pose an immediate health risk.